

## Brian Epstein B Comm, BEd

### Ontario

A dedicated and resourceful Coach with experience providing career consulting services to leaders, managers and other personnel from all levels of corporate, governmental and academic organizations

Brian is an experienced adult trainer and career coach who teaches college-level courses on career and employment-related subjects. He has worked with clients from diverse backgrounds, providing support, feedback and insight to individuals and groups so that they can improve their personal effectiveness in business settings. His easy-going approach and sense of humour promote strong, collaborative relationships and realistic outcomes. Brian holds coaching certification from Coaches Training Institute.

#### BUSINESS EXPERIENCE

For close to 20 years, Brian has honed his consulting and coaching acumen helping individuals flourish in their chosen professional fields. From students entering the workforce to Scientists, PhD and Fellowship clients right through to second-career executives, countless individuals have reaped the benefits of maximized career potential and enhanced performance. He has facilitated programs focused on Coping with Change, Effective Communication, Goal Setting, Stress Management, Problem Solving, Time Management, Diversity Training, Working in Teams, Conflict Management.

#### PROFESSIONAL EXPERTISE AND SERVICES

Adult Training	Leadership Development
Career Coaching	Career Transition

#### EDUCATION

Coaches Training Institute, Coach Certification  
Bachelor of Education, York University  
Bachelor of Commerce, University of Ottawa  
Designing Instruction, Friesen, Kay & Associates  
Training and Technology Course, Ryerson University  
Introduction to Adult Education, Seneca College



*“Brian has a way of asking the right questions so that you see opportunities for yourself and the team you lead. I enjoyed our face-to-face coaching sessions and have always felt that I can share information in confidence.*”

*“The respect and trust that Brian creates is essential for open communication. I now have greater clarity and understand my responsibility in shaping the organization I work for. I appreciate Brian’s eagerness to help me find immediate wins as well as develop long-term plans to get the most out of my career.”*