

LEAD - LEADERSHIP through EQUINE-ASSISTED DISCOVERY

Leadership Boot Camp in the Country

Location: WaterStone Estate and Farms - Newmarket
Start time: 8 am
End time: 4 pm



All work with the horses is ground training - no riding.

Morning - Arena - Welcome and conversation with our Executive Coach Global Leadership Coaches and Chris Irwin. Working with Chris Irwin and the Horses, participants will discover:

- Enhanced Self Awareness
- Situational Awareness
- Communicate with clarity
- Confidence and Empathy - tone of voice and body language
- Understanding assertion vs aggression
- Working through anxiety and frustration to achieve respect, trust and focus

Lunch and Group Discussion in Event Clubhouse - Lunch break and debrief with Chris Irwin and ICF coaching team with Executive Coach Global.

Afternoon - Clubhouse - Working with ICF accredited coaches from the Executive Coach and Leadership training team, participants will transform their newly acquired skills for team engagement and leadership:

We will review all 7 fundamentals with extra focus on the ones that we see in the morning session.

- Building Trust
- Communicating for Transparency
- Mastering Conflict
- Achieving Commitment
- Embracing Accountability
- Focusing on Results
- Coaching for Engagement
- Debrief on successes and opportunities
- Recap of Day and learned outcomes by participants

Sustainability 3 months of executive coaching check ins.