

LEAD - LEADERSHIP through EQUINE-ASSISTED DISCOVERY

Two Day Intensive Leadership Country Retreat

Location: WaterStone Estate and Farms - Newmarket

Start time both days: 8 am

End time both days: 4 pm



All work with the horses is ground training - no riding.

DAY ONE:

Morning - Arena - Working with Chris Irwin and the Horses, participants will discover insights:

- Welcome and meet and greet group discussion with Executive Coach Global coaches and Chris Irwin on how horses make a contribution for leadership development
- Beyond words: Building team relationships - Chris Irwin demo with horses
- Teams of 2 or 3 participants work together with the horses to understand how the connection of communication earns mutual respect, trust and focus.

Lunch and Group Discussion in Event Clubhouse - Leadership skills that both horses and humans require in a leader, what is the most essential skills to develop. Facilitated by Chris Irwin and Executive Coach Global.

Afternoon - Clubhouse - Working with ICF accredited coaches from the Executive Coach and Leadership training team, participants will build on the morning activity - transforming from the arena to the office:

- Understanding the Seven Fundamentals of Team Engagement and Leadership
- Group discussion on importance and understanding of Building Trust, Communicating for Transparency, Mastering Conflict, Achieving Commitment, Embracing Accountability, Focusing on Results, Coaching for Engagement and Collaboration.
- Interactive exercises with group to practise learned skills and create positive leadership outcomes
- Debrief on successes and opportunities
- Recap of Day and learned outcomes by participants

DAY TWO:

Morning - Arena - Working with Chris Irwin and the Horses, participants will build on understanding of self awareness and effective leadership style:

- Meet and Greet group discussion on moving to great leadership that empowers people
- How to hold on and let go - micro managing vs delegation - Chris Irwin demo with horses
- Teams of 2 or 3 participants work together with the horses to understand “free rein”, alignment and self awareness and situational awareness. Facilitated by Chris Irwin and Executive Coach Global coaching team.

Lunch and Group Discussion in Event Clubhouse - How being calm and thoughtful drives collaboration and engagement.

Afternoon - Clubhouse - Working with the executive coaching team, participants will analyze the morning activity and further transfer learning from the arena to the office:

- Best strategies to drive engagement and collaboration
- Group discussion the last three fundamentals to work on and develop to smooth and convert blind spots to opportunities.
- Group Discussion and exercises on Focusing on results using the 4 disciplines of execution.
- Break out into interactive exercise involving problem solving and innovation through collaboration.
- Debrief on what was learned from the exercise.
- Wrapping up: Recap of experiences open discussion, identifying continued development for leadership excellence, capturing on paper what was learned and putting into practise for sustainability.

Sustainability 3 months of executive coaching check ins.